

NOODLES

39. Pad Thai

Dish of the nation. Rice noodles, stir-fried with egg, vegetables & topped with crushed peanuts.

40. Pad See Ew

Thick rice noodles, egg & garden greens.

41. Pad Kee Mou

Thick rice noodles, stir-fried with egg, thai basil, chilli & vegetables.

42. Pad Mee

\$29.50

Stir-fried yellow noodles, tomato and celery.
(available as prawn, chicken & beef combo only).

THAI FRIED RICE

43. Khao Pad

Delicious Thai fried rice with egg, onion & assorted vegetables.

44. Khao Pad Prig

Spicy Thai fried rice with egg, chilli, Thai basil & vegetables.

45. Coconut rice

Small (440ml) \$6.00 / large (650ml) \$8.50

46. Steam rice

Small (440ml) \$4.50 / large (650ml) \$6.00

Extras

47. Roti bread (1 piece)

\$4.50

48. Satay sauce (100ml)

\$3.00

Any extra chilli, cashews, sauces,
take-away containers or lemon piece
\$1.00 extra



Chicken\$24.50
Prawns\$28.50

Chicken\$24.50
Prawns\$28.50
Prawns, chicken
& beef combo...\$29.50

OPENING HOURS

Open 6 days (closed
tuesday) from 1pm.

THAI ON THE ISLAND CHARITY

Thai On The Island opened in December 2010.

In this time we have managed to raise approx. \$82,000 in tips. This staggering amount of money is used to improve the facilities at a primary school in Phetchabun province in central Thailand. With this money we have been able to build a library (pictured), an outdoor eating area, erect a 500 metre long brick fence, new playground equipment, lay new concrete for a school assembly area, 5 X new laptops & new sports uniforms

So when you drop-in to pick-up your takeaway, if you have any loose change of any denomination we will gladly put it to good use for you and give these kids the opportunity to a good education.



SPICE-O-METER  = mild  = medium  = very spicy

May 2023

Prices subject to change without notice

Thai



On the Island

Take Away Menu

5952 1000

5/38 Thompson Ave Cowes, Phillip Island

We are plastic bag free.
Please bring a carry bag
for your takeaway.



www.thaiontheisland.com.au

APPETISERS

1. **Fish cake (5 pieces)**  **\$17.50**
Fresh fish patties seasoned with kafir lime leaf and red curry paste. Served with sweet chilli sauce.
2. **Chicken satay (4 pieces)**  **\$17.50**
Grilled chicken breast fillet, marinated and served with our home-made satay sauce.
3. **Goong hom paa (4 pieces)** **\$19.50**
Deep fried prawns, wrapped in spring roll pastry, served with sweet chilli sauce.
4. **Spring rolls (6 pieces)** **\$17.50**
Made in house with fresh taro, carrot and cabbage. Served with our very own sweet chilli sauce.
5. **Curry puffs (4 pieces)**  **\$17.50**
Home-made Thai curry puffs. Filled with mixed vegies and delicately flavoured with curry powder. Served with sweet chilli sauce.
6. **Tao hoo tod (5 pieces)** **\$17.50**
Deep fried tofu. Served with sweet chilli sauce and satay sauce.
7. **Mixed entrée (8 pieces)**  **\$22.50**
A fine selection of our favourite appetisers. 2 fish cakes, 2 curry puffs, 2 goong hom paa & 2 spring rolls.

TRADITIONAL SOUPS

8. **Tom Yum**  **Vegetable \$21.50**
Thailand's most popular spicy and sour soup
Chicken \$22.50
Prawn \$26.50
9. **Tom Ka** **Vegetable \$21.50**
An aromatic soup with coconut milk, lemon grass & galangal.
Chicken \$22.50
Prawn \$26.50
10. **Po Tak**  **\$27.50**
Spicy seafood soup, loaded with all your favourites. Fish, scallops, prawns, calamari & N.Z. mussels.
11. **Thai Laksa**  **Vegetable \$23.50**
Laksa like no other. Rice noodles, garden fresh vegetables, herbs and laksa paste.
Chicken \$24.50
Prawn \$28.50
Add noodles to any of the soups \$2.00 extra

THAI SALADS

12. **Yum Nuea**  **\$25.50**
Tender beef strips, grilled & tossed with herbs, lemon juice & chilli.
13. **Laab Gai**  **\$24.50**
Lean chicken mince tossed with herbs, chilli & roasted ground rice.
14. **Nam Sod**  **\$24.50**
Lean chicken mince, tossed with ginger, chilli, lemon juice & roasted peanuts.
15. **Yum Baa Mook**  **\$27.50**
Calamari tossed with lemon juice, lemon grass, chilli & herbs.
16. **Yum talay**  **\$29.50**
Mixed seafood tossed with lemon juice, lemon grass, chilli & herbs.
17. **Pla Goong**  **\$28.50**
Prawns tossed with lemon juice, lemon grass, chilli & herbs.
18. **Thai salad** **\$24.50**
Garden fresh vegetables, tomato, boiled egg and tofu topped with our famous satay sauce.

THAI CURRIES

20. **Gang Keow Wan**  **Vegetable \$23.50**
Traditional spicy green curry, lovingly simmered with garden fresh Thai vegetables.
Beef \$25.50
Fish \$27.50
Prawn \$28.50
21. **Gang Dang**  **Chicken or pork or tofu \$24.50**
Mildly spiced red curry with fresh Thai vegetables.
22. **Panang Curry**  **Red curry inspired by Southern Thailand herbs, spices & vegetables. Thicker in texture than traditional red curry.**
23. **Gang Massaman**  **A delicious slow cooked curry sauce with potato, peanuts, pineapple & onion. Only available with chicken or beef or tofu.**
24. **Gang Gari**  **Turner based, delicious yellow curry with potato & onion.**
25. **Duck curry**  **\$30.50**
Roasted duck breast in mildly spiced red curry with vegetables, tomato and lychee.

SEAFOOD DISHES

26. **Pad Krapow Baa Mook**  **\$27.50**
Calamari, Thai basil, chilli, garlic & mixed vegetables.
27. **Thai Style Chilli Prawns**  **\$28.50**
Zesty chilli prawns served with mixed vegetables.
28. **Pad Talay**  **\$29.50**
Fish, scallops, prawns, calamari and mussels with spicy curry paste sauce & mixed vegetables.
29. **Pad Potak**  **\$29.50**
Fish, scallops, prawns, calamari & mussels stir-fried with Tom Yum paste, mixed vegetables & green pepper corns.

CLASSIC THAI STIR FRIES

30. **Pad King**
Light stir-fry with ginger & mixed vegetable.
31. **Pad gratiem**  **Chicken or pork or tofu \$24.50**
Your choice of meat, sautéed with garlic & pepper served on a bed of lettuce.
Beef \$25.50
Prawns \$28.50
Duck* \$30.50
*33 and 37 only
32. **Pad Nam Man Hoy**
Assortment of fresh vegetables, garlic, mushroom & oyster sauce.
33. **Pad Krapow**  **Traditional Thai stir-fry with punch. Mixed vegetables, thai basil, garlic and loads of chilli!**
34. **Pad Beow Wan**
Thai sweet & sour (not available with beef).
35. **Pad Satay**
Stir-fried vegetables smothered with our famous satay sauce.
36. **Pad Ped**  **With vegetables, Thai basil in spicy curry paste sauce.**
37. **Pad Takrai**  **Served with vegetables, lemon grass, dried chilli & spicy chilli sauce.**
38. **Pad Ma Muang**  **Chicken or tofu \$25.50**
With vegetables, cashew nuts & mild curry paste.
Beef \$26.50
Prawn \$29.50
Duck \$31.50